

**Still Driving?**



**Do you ever think about the time when you will no longer drive?**

**Let’s Talk!**

**Join a FREE support group with your peers to talk about driving and changes that take place with aging that may affect your ability to drive safely.**

**How does it work?** Small groups of older adults meet once a week for three weeks. Each 90-minute session is led by a facilitator, and at the 2nd meeting, a Certified Mobility Specialist from Connect-A-Ride

will share information about transportation options that can help you stay mobile when you stop driving.

**SIGN UP NOW FOR THE NEXT THREE-SESSION SUPPORT GROUP:**

# a.m. to 12:30 p.m. – November 15, 22 & 29 Jewish Community Center of Greater Washington

**6125 Montrose Road, Rockville, MD**

**To register, or for more information, call CONNECT-A-RIDE at**

# 301.738.3252

Office hours: Mon. – Fri., 9 a.m. to 5 p.m. *(Leave a message at other times)*

## Or email: ConnectARide@AccessJCA.org



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